

2009 Sourwood 5K

Course Turn by Turn Directions



- **START** on Hwy 9 in front of **Cheshire Fitness Club**
- Turn Left onto Dogwood Lane
- Turn Left onto Lynch Cove Road
- Turn Left onto Old Lakey Gap Road
- Make a U-Turn at Hwy 9
- Continue back on Old Lakey Gap Road all the way to High Top Colony Road
- Make a U-Turn at High Top Colony Road
- Turn Left onto S. Blue Ridge Road
- Turn Right onto Blue Ridge Road
- Cut Right at the power cut through so that you pop out on Meadowbrook Drive
- Turn Left onto Dogwood Lane
- Turn Right into the Cheshire Racquet Club Parking Lot
- Continue through the lot and **FINISH** in front of the Medical Building



Presented by  **Black Mountain**
NATURAL FOODS

For More Info:

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